

Adam Horvath

Newtown Youth and Family Services – REC Club

**\*Revised\* Teen REC Club – Session Plan (Spring I 2024)**

Date	Time	Event	Event Description
4/11/24	5:30-7:00 p.m.  (1.5 hours)	Getting to Know You – Snap Circuits and Collaborative Play -  Newtown Youth & Family Services Center (Newtown, CT)  Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Introduction to the Spring I Session</u> <ul style="list-style-type: none"><li>• Getting to Know REC Club Rules and Expectations</li><li>• Overview of Spring I Session</li><li>• Member Introduction &amp; Sharing Activities</li></ul> <u>Group Social Check-In</u> <ul style="list-style-type: none"><li>• Discussing how we've been since our last session</li><li>• Sharing fun or interesting stories/anecdotes</li><li>• Discussing plans for the session and upcoming events</li></ul> <u>Circuit Building</u> <ul style="list-style-type: none"><li>• Small Group circuit set planning with collaborative advice and shared discussion about challenges, ideas, and understanding diagrams</li><li>• Small Group circuit building (Snap Circuits are low power circuits that snap together and do not require assembly or electrical experience)</li></ul> <u>Collaborative Play – Small Group Games and Activities</u> <ul style="list-style-type: none"><li>• REC Trivia – Team memory game recalling information about peers from earlier in the event</li><li>• Small group games and activities of personal interest (ex. Board games, puzzles, etc.)</li></ul>
4/18/2024	*Postponed*	*Postponed*	Postponed as a majority of participants will not be attending as the result of plans during an April school break.

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Date	Time	Event	Event Description
4/25/24	5:30-7:00 p.m.  (1.5 hours)	Aerodynamics and Model Rocketry  Newtown Community Center (Newtown, CT)  Fairfield Hills - Fields 3 Primrose Street Newtown, CT 06470	<u>Aerodynamics Activities</u> <ul style="list-style-type: none"><li>• Creation and Review of Paper Plane Designs</li><li>• Large Group Aerodynamics Discussion</li><li>• Paper Plane Flight Testing</li></ul> <u>Model Rocketry Activities</u> <ul style="list-style-type: none"><li>• Large Group Rocketry and Space Exploration Discussion</li><li>• Large Group Rocketry Lesson</li><li>• Small Group Bottle Rocket Design &amp; Build Activity</li><li>• Bottle Rocket Testing</li><li>• Large Group Model Rocket Testing</li></ul>

Last Modified: 04-16-2024

Event Plans (Spring I 2024)

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Date	Time	Event	Event Description
5/2/24	5:30-7:00 p.m.  (1.5 hours)	Garden Bed Repair, Preparation and Planning Event  Newtown Youth & Family Services Center (Newtown, CT)  Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none"><li>• Discussing how we've been since our last session</li><li>• Sharing fun or interesting stories/anecdotes</li><li>• Inspecting NYFS garden bed and plans for spring planting</li></ul> <u>Garden Repair and Prep</u> <ul style="list-style-type: none"><li>• Large group collaborative repair of wooden garden space using simple tools (ex. Screwdrivers, shovels, etc.)</li><li>• Preparing the garden for the spring (ex. Adding fertilizer, weeding)</li><li>• Mapping out garden space for planting early spring vegetables and flowers</li></ul> <u>Open Collaborative Game Play</u> <ul style="list-style-type: none"><li>• REC Trivia – Team memory game recalling information about peers from earlier in the event</li><li>• Small group games and activities of personal interest (ex. Board games, puzzles, etc.)</li></ul>

Date	Time	Event	Event Description
5/9/24	5:30-7:00 p.m. (1.5 hours)	Science Exploration and Small Group Science Experiment Activities  Newtown Youth & Family Services Center (Newtown, CT)  Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none"> <li>• Discussing personal interests and sharing experiences in Science, Technology, Engineering and Math (STEM)</li> <li>• Listening skills and responding to others (Science)</li> <li>• Building on discussion topics as a group (Science)</li> </ul> <u>Generating Hypotheses and Experiments to Test Them</u> <ul style="list-style-type: none"> <li>• Brainstorming experiment designs, ideas about science and exploring the use of science materials</li> </ul> <u>Large Group Experiment Discussion and Predictions/Results</u> <ul style="list-style-type: none"> <li>• Large group presentation of experiments, ideas, and large group experiments</li> <li>• Large group discussion of predictions and potential results of experiments</li> </ul>
5/16/24	5:30-7:00 p.m. (1.5 hours)	End of Spring Session Celebratory Event - Dickinson Park Spring Field Day  Dickinson Memorial Park 50 Elm Drive (Newtown, CT)	<u>Group Social Check-In</u> <ul style="list-style-type: none"> <li>• Discussing how we've been since our last meeting</li> <li>• Sharing fun or interesting stories/anecdotes</li> </ul> <u>Field Games and the Conclusion of the Spring I Session</u> <ul style="list-style-type: none"> <li>• Large group games and activities (i.e. Net Games, Sport Field Games, Team Building Activities)</li> <li>• Group reflection on the Spring I Session and responding to REC Club survey (i.e. favorite events, requests for future events)</li> <li>• Small group activities of preference (i.e. Arts &amp; Crafts, Net Games, Sport Field Games, Team Building Activities)</li> </ul>

**Social Skill Areas to Be Focused On**

- Social Conversations
  - Initiating conversations
  - Reciprocating conversations
  - Responding to questions or comments
  - Maintaining social etiquette
- Body Language
  - Facing peers and faculty when socializing
  - Maintaining an engaged presence
  - Reading and expressing body language cues
- Collaborative Play/Work
  - Contributing to a team or small group effort
  - Collaborating with peers on tasks in a supportive role or in a leadership role
- Expanding Social Comfort Zones with New Situations
  - Attempting new experiences
  - Expressing concerns or dislikes constructively
- Following Safety Directives
  - Abiding by faculty instructions and the NYFS “Code of Conduct”
  - Following safety procedures (i.e. proper use of tools)
  - Expressing safety concerns to staff clearly and effectively