

Don't be
a party to
teenage
drinking.
It's against
the law.



THE MOST
WHO HOST
PARENTS
LOSE

TO REGISTER:

- Visit our website at www.newtownyouthandfamilyservices.org or Visit our office at 15 Berkshire Road Sandy Hook.
- All Programs held at Newtown Youth and Family Services unless otherwise noted
- Payments can be made on our website or via check or cash by mail or in person.
- Children under the age of 13 must be accompanied by adult into the programs

Financial Assistance: Newtown Youth and Family Services provides limited financial assistance to individuals who might not otherwise be able to participate. If you would like to apply for financial assistance for one of the programs, please speak with Jennifer Brainard, 203 270-4335 ext 312. Arrangements must be made prior to the start of the program.

Special Needs: Newtown Youth and Family Services invites individuals with special needs to participate in any of the listed programs. Please contact us for program assistance.

New Ideas: Contact Jennifer Brainard, 203 270-4335 ext 312 or jbrainard@newtownyouthandfamilyservices.org



NEWTOWN YOUTH AND FAMILY SERVICES

SUMMER 2015
MONDAY JUNE 1ST -
FRIDAY JULY 24TH

203-270-4335

www.newtownyouthandfamilyservices.com

PRE-SCHOOL

Mini-Picassos Back to Nature: Join your child in making creative child-focused art projects that are inspired by nature. We will use materials found in nature to create the art projects. Ages: 3-5 years old. Class meets weekly beginning **Monday, June 1st thru July 27th from 10:00am to 10:45am. \$30 per child**

Mini-Chefs: Summer Series: Join us as we introduce your child into the world of cooking. Together you and your mini-chef will prepare and sample simple recipes from tasty sweets and healthy breakfast or lunch items. Each recipe will have a "summer theme" with fresh ingredients found during the summertime. Come hungry! Please let us know if you have any food allergies. Ages: 3- 5 years old. Class meets weekly beginning **Monday, June 1st thru July 27th from 11:00am to 11:45am. \$40 per child**

Musical Munchkins: An interactive program for pre-walkers or newly walking children that includes music, sensory stimulation and short stories just right for your baby and you. Class will meet weekly **OUTDOORS**. Fairfield Hills. Ages: 6 weeks to 18 months old. **Class meets weekly beginning Friday, June 5th thru July 24th from 10:00am to 10:30am. \$25 per child**

Tiny Tunes: Join in the fun with theme-related stories, music and movement while getting some fresh air and enjoying the beautiful outdoors. Fairfield Hills. Ages: 19 months to 3 years old. Class meets weekly beginning **Friday, June 5th thru July 24th from 10:30am to 11:00am. \$25 per child**

SAVE THE DATE:

**Week 1- July 27th- July 31st, or
Week 2- August 3rd-7th,**



Newtown Youth & Family Services, Inc., will be offering a week long program for children entering kindergarten called "Safety Town" in July. Safety Town is a national program that was developed in 1964 to teach young children important information on traffic safety, fire safety, water safety, bus safety, bicycle safety, awareness of medicine and poison and awareness of strangers. All safety topics will be taught in collaboration with local community and health agencies. **Cost is \$25.00. Register on our website. From 9:00am to 11:00am.**

10th Annual Newtown Road Race and Kids Run Saturday, September 5th 2015
For more information visit newtownyouthandfamilyservices.org
To register visit active.com

NEED A JOB?

Newtown Youth and Family Services are excited to announce that their youth Job Bank is now available to the Newtown and Sandy Hook community members. The job bank consists of local youth aged 13-17 years old who have gone through the process of completing an application, interview and short training and are ready and willing to work. Examples of jobs in the past have been mother's helper/baby-sitter, help with housework, yard work, organizing, filing, moving, the list goes on and on. If you are looking for help around your home or your local office, than the job bank is the place to find that help. If you would like to make a job bank request or are a youth between the ages of 13-17 years and are interested in becoming a member of the job bank, **please contact Jennifer Brainard at 203-426-8103 or jbrainard@newtownyouthandfamilyservices.org.**

YOUTH

Curious Kids: Are you raising a curious kid? Preschoolers discover the world of nature, plants and animals through fun science activities and tactile art exploration. Play with water, make treasures with things you find in nature, move and stretch like your favorite animals, and get messy. Enjoy a balance of free play, organized games, story time and simple crafts. Ages 4-6 years old. **Class meets weekly beginning Friday, June 5th thru July 24th from 11:30am to 12:15pm. \$30 per child**

Junior Chefs: Chefs Hit the Books: Join us as we explore new and tasty recipes through your favorite children's books. Learn how to make "Green Eggs and Ham" or "Mr. Poppers Penguins" cupcakes. Or even try Butterbeer for the very first time. All of these and more will be explored through this class. Please let us know if you have any food allergies. Ages 7-10 years old. **Class meets weekly beginning Thursday, June 4th thru July 23rd from 4:00pm to 4:45pm. \$40 per child**

Wacky Science: Enjoy a range of strange facts and crazy experiments that bubble, pop and fizz. Your junior inventor will learn how to make your own Gak, Lava Lamp, Tornado in a Bottle and many more wacky science projects. Ages 7-10 years old. **Class meets weekly beginning Wednesday, June 3rd thru July 22nd from 4:00pm to 4:45pm. \$40 per child**

Healthy Hydration for Tweens and Teens: Learn how to make healthier versions of some of your favorite drinks as well as new and delicious smoothies that are perfect for any appetite. Samples will be given so please let us know if you have any food allergies. Ages 11-14 **Class meets on Tuesday, June 23rd from 3:30pm to 4:30pm. \$10 per person**

Duck Tape Crafts: Join the "duck tape craze" by using the different patterns and colors to create a variety of crafts such as a wallet, ipod or cell phone cover or a flower to give as a gift. Ages 11-14 **Class meets on Tuesday, July 7th from 3:30pm to 4:30pm. \$10 per person**

Candy Factory: Satisfy your sweet tooth while exploring different types of candy. We will also practice decorating some of the sweet treats that we make. Please let us know if you have any food allergies. Ages 11-14 **Class meets on Tuesday, July 21st from 3:30pm to 4:30pm. \$10 per person**

Children of the Force: This is a series of support groups for children of divorced or separated parents. This program provides your child/children with a safe and neutral place to recognize and learn how to share their feelings. It also offers a chance for your child/children to meet other children in the same situation and create a peer support system. The meeting times are separated into two different age groups. **This is a free program. A light snack will also be provided. Space is limited, registration is required.**

Children under the age of 13 must be accompanied by an adult into programs.



ADULTS

Going Green: Learn how to make green cleaning supplies. Save money while also making more natural and healthy alternatives to the store bought products. Samples and recipes will be given at the end of the class. **Class meets on Monday, June 22nd from 6:30pm to 7:30pm. \$10 per person.**

Fresh and Healthy Meal Strategies for the Busy Person: Are you the type of person that eats out often because you don't have time to cook? Do you live alone and not know how/want to cook for only one person? I will teach you strategies and give you recipes that are simple, healthy and can be changed to fit any size family. Some of the recipes will be tasted so please let us know if you have any food allergies. **Class meets Monday, July 6th from 6:30pm to 7:30pm. \$10 per person.**

Landscaping for Beginners: This class is taught by Fred Brainard, owner and operator of Lakeside Landscaping. Learn how to seed your lawn properly, what is the best weed killer for your money, what is the best time of year to plant specific flowers and any other questions you may have. **Class meets Thursday, June 4th from 6:00pm to 7:00pm. FREE**

Parenting Education Program:

Parenting education programs (PEP) are classes designed to educate adults about the many issues children face when their family situation changes. PEP trains participants about how to help children adjust in a healthy way to divorce or living apart from a parent. PEP includes information about children's developmental stages, helping children adjust to parent separation, cooperative parenting, conflict management and dispute resolution techniques, guidelines for visitation and parent access, and stress reduction for children.

Participation in a PEP class costs \$125 per person. The court may grant a fee waiver.

Special Events

July Frozen Frenzy: Cool down with NYFS as we celebrate all things "Frozen". Play games, make crafts, enjoy tasty treats and sing songs all centered around the movie Frozen. Costumes are encouraged. **Ages 2 ½ to 6 years old. Saturday, July 11th from 10:00am to 11:00am. \$10 per child**



Social Skills Group Special Event: Join Newtown Youth and Family Services for our special FREE event for youth on the autism spectrum or with other social difficulties. This event is open to anyone, whether or not you have attended a social group. We will have an INFLATABLE OBSTACLE COURSE, BOUNCE HOUSE and PIZZA! Pre-registration is required. Please register by **Thursday, June 11th. Saturday, June 13th, Dickenson Park Pavilion, 50 Elm Street, Newtown, CT 10-12 years old: 11:00am to 12:45pm, 13-15 years old: 1:00pm to 2:45pm**