
NEW!

NEWTOWN YOUTH & FAMILY SERVICES

Adult Substance Abuse Group

12 SESSION SERIES
FACILITATED BY:
THEA SCHILLER, LPC

Fridays 12:00pm–1:00pm
Starting December 2, 2011

17 Church Hill Rd
Newtown, CT 06470
203-426-8103



We accept most private insurance plans, Medicaid and Husky. A sliding scale is available for those who do not have insurance, with fees for the group ranging from \$20-\$60 per group session based on the household income and family size. Proof of income is required for sliding scale



This group is for adults who are serious about making changes in their lives and maintaining sobriety. Clients are encouraged to keep repeating the series until they feel ready to leave the support of the group.

This voluntary group will not fulfill any mandated requirements for DCF, probation or parole.

Call to pre-register—walk-ins will not be accepted

Registration Deadline: 11/30/11

Topics covered will include:

- Expanding your support system
- Finding positive replacement activities for substance use
- Making changes in negative thought patterns and actions that will lead to more productive lifestyle changes