

Children’s REC Club – Session Plan (Winter II 2024)*

Date	Time	Event	Event Description
2/7/24	5:30-7:00 p.m. (1.5 hours)	<p>Getting to Know You – Collaborative Play - Newtown Youth & Family Services Center (Newtown, CT)</p> <p>Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482</p>	<p><u>Introduction to the Winter II Session</u></p> <ul style="list-style-type: none"> • Getting to Know REC Club Rules and Expectations • Overview of Winter II Session • Member Introduction & Sharing Activities <p><u>Group Social Check-In</u></p> <ul style="list-style-type: none"> • Discussing how we’ve been since our last session • Sharing fun or interesting stories/anecdotes • Discussing plans for the session and upcoming events <p><u>Collaborative Play – Small Group Games and Activities</u></p> <ul style="list-style-type: none"> • Team Building Large Group Activities • Team Building Problem Solving Games • REC Trivia – Team memory game recalling information about peers from earlier in the event <p><u>Open Collaborative Game Play</u></p> <ul style="list-style-type: none"> • Small group games and activities of personal interest (ex. Board games, puzzles, etc.)

Date	Time	Event	Event Description
2/21/24	5:30-7:00 p.m. (1.5 hours)	Collaborative Building & Design LEGO Day Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<p><u>Group Social Check-In</u></p> <ul style="list-style-type: none"> • Discussing how we've been since our last meeting • Sharing fun or interesting stories • Discussing when building skills are useful and the importance of following directions and advice (i.e. previous birdhouse building activity) <p><u>LEGO Building</u></p> <ul style="list-style-type: none"> • Individual LEGO set building with collaborative advice and shared discussion about challenges, ideas, and understanding diagrams <p><u>LEGO Free Design and Play</u></p> <ul style="list-style-type: none"> • Identifying how LEGO pieces can be used in a variety of ways not outlined in given directions • Experimenting with LEGO sets to create unique designs, vehicles and creations

Date	Time	Event	Event Description
2/28/24	5:30-7:00 p.m. (1.5 hours)	Bowling at New Milford Lanes New Milford Lanes 145 Danbury Road D New Milford, CT 06776	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we've been since our last session • Sharing fun or interesting stories/anecdotes • Discussing plans for the session and upcoming events • Discussing how to compete as a friend and how to be a good sport <u>Bowling Activities</u> <ul style="list-style-type: none"> • Discussion of bowling and the rules of play • Tips on how to bowl well • Small group bowling

Date	Time	Event	Event Description
3/6/24	5:30-7:00 p.m. (1.5 hours)	Ceramic Design and Painting Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we’ve been since our last meeting • Sharing fun or interesting stories/anecdotes • Discussion: Socializing as we work <u>Selecting and Painting Ceramics</u> <ul style="list-style-type: none"> • Group discussion on art experiences and experiences with ceramics and painting • Selection of ceramics to be painted • Small group design and collaboration • Large group painting time
3/13/24	5:30-7:00 p.m. (1.5 hours)	Thrillz High Flying Adventure Park 5 Prindle Ln, Danbury, CT 06811	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we’ve been since our last meeting • Sharing fun or interesting stories • Discussion: Inviting others to socialize outside of group <u>Rockin’ Jump</u> <ul style="list-style-type: none"> • Obstacle Course Activities • Slide Activities • Zip Line Activities • Climbing Wall Activities • *A signed Thrillz waiver is required to participate

Social Skill Areas to Be Focused On

- Social Conversations ·
 - Initiating conversations
 - Reciprocating conversations
 - Responding to questions or comments
 - Maintaining social etiquette
- Body Language
 - Facing peers and faculty when socializing
 - Maintaining an engaged presence
 - Reading and expressing body language cues
- Collaborative Play/Work
 - Contributing to a team or small group effort
 - Collaborating with peers on tasks in a supportive role or in a leadership role
- Expanding Social Comfort Zones with New Situations
 - Attempting new experiences
 - Expressing concerns or dislikes constructively
- Following Safety Directives
 - Abiding by faculty instructions and the NYFS “Code of Conduct”
 - Following safety procedures (i.e. proper use of tools)
 - Expressing safety concerns to staff clearly and effectively