

Adam Horvath

Newtown Youth and Family Services – REC Club

Teen REC Club – Session Plan (Spring I 2023)*

Date	Time	Event	Event Description
3/23/23	5:30-7:00 p.m. (1.5 hours)	Getting to Know You – Collaborative Play - Newtown Youth & Family Services Center (Newtown, CT) Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Introduction to the Winter II Session</u> <ul style="list-style-type: none">• Getting to Know REC Club Rules and Expectations• Overview of Winter II Session• Member Introduction & Sharing Activities <u>Group Social Check-In</u> <ul style="list-style-type: none">• Discussing how we've been since our last session• Sharing fun or interesting stories/anecdotes• Discussing plans for the session and upcoming events <u>Collaborative Play – Small Group Games and Activities</u> <ul style="list-style-type: none">• Team Building Large Group Activities (ex. Zip, Zap, Zoop)• Team Building Problem Solving Games (ex. Collaborative Challenges)• REC Trivia – Team memory game recalling information about peers from earlier in the event <u>Open Collaborative Game Play</u> <ul style="list-style-type: none">• Small group games and activities of personal interest (ex. Board games, puzzles, etc.)

Last Modified: 03-17-2023

Event Plans (Spring I 2023)

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Date	Time	Event	Event Description
3/30/23	5:30-7:00 p.m. (1.5 hours)	LEGO and Model Construction Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none">• Discussing how we've been since our last meeting• Sharing fun or interesting stories• Discussing when building skills are useful and the importance of following directions and advice (i.e. previous birdhouse building activity)• Discussing similarities and differences between models and LEGOs <u>LEGO and Model Building</u> <ul style="list-style-type: none">• Individual LEGO and model set building with collaborative advice and shared discussion about challenges, ideas, and understanding diagrams <u>LEGO Free Design and Model Discussion</u> <ul style="list-style-type: none">• Identifying how LEGO pieces can be used in a variety of ways not outlined in given directions• Experimenting with LEGO sets to create unique designs, vehicles and creations• Sharing and discussing models

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Date	Time	Event	Event Description
4/6/23	5:30-7:00 p.m. (1.5 hours)	Getting to Know You & Garden Bed Build Event Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none">• Discussing how we've been since our last session• Sharing fun or interesting stories/anecdotes• Discussing garden build progress and plans for spring planting <u>Garden Build</u> <ul style="list-style-type: none">• Large group collaborative building of new wooden garden space using simple tools (ex. Screwdrivers, shovels, etc.)• Finishing garden build project <u>Break</u> <ul style="list-style-type: none">• Hydration and Snack Break• Group Sharing Discussion• REC Club Trivia <u>Open Collaborative Game Play</u> <ul style="list-style-type: none">• Small group activities and games of preference

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Date	Time	Event	Event Description
4/13/23	5:30-7:00 p.m. (1.5 hours)	Aerodynamics and Model Rocketry* Fairfield Hills - Fields 3 Primrose Street Newtown, CT 06470	<u>Aerodynamics Activities</u> <ul style="list-style-type: none">• Creation and Review of Paper Plane Designs• Large Group Aerodynamics Discussion• Paper Plane Flight Testing <u>Model Rocketry Activities</u> <ul style="list-style-type: none">• Large Group Rocketry and Space Exploration Discussion• Large Group Rocketry Lesson• Small Group Bottle Rocket Design & Build Activity• Bottle Rocket Testing• Large Group Model Rocket Testing
4/20/23	5:30-7:00 p.m. (1.5 hours)	End of Summer Session Celebratory Event - Dickinson Park Spring Field Day* Dickinson Memorial Park 50 Elm Drive Newtown, CT 06470	<u>Conclusion of the Spring I Session</u> <ul style="list-style-type: none">• Large group games and activities (i.e. Net Games, Sport Field Games, Team Building Activities)• Group reflection on the Summer Session and responding to REC Club survey (i.e. favorite events, requests for future events)• Small group activities of preference (i.e. Arts & Crafts, Net Games, Sport Field Games, Team Building Activities)

****NOTE****

*Masking is optional for staff and participants at all events at this time.

**The specific Wednesday for this particular event during the session may be subject to change as plans are finalized.

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Event Plans (Spring I 2023)

Social Skill Areas to Be Focused On

- Social Conversations ·
 - Initiating conversations
 - Reciprocating conversations
 - Responding to questions or comments
 - Maintaining social etiquette
- Body Language
 - Facing peers and faculty when socializing
 - Maintaining an engaged presence
 - Reading and expressing body language cues
- Collaborative Play/Work
 - Contributing to a team or small group effort
 - Collaborating with peers on tasks in a supportive role or in a leadership role
- Expanding Social Comfort Zones with New Situations
 - Attempting new experiences
 - Expressing concerns or dislikes constructively
- Following Safety Directives
 - Abiding by faculty instructions and the NYFS “Code of Conduct”
 - Following safety procedures (i.e. proper use of tools)
 - Expressing safety concerns to staff clearly and effectively